

SHRI RAM COLLEGE OF COMMERCE

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NOTICE

All students, teachers and staff are hereby informed that online Physiotherapy and Fitness Training session and consultation will be held as per following schedule.

Session	Time	Resource Person
Online Sessions on Fitness*	9:00 am to 10:00 am Tuesday & Thursday	Sumit Tyagi, (Physiotherapist) & Mr.Kadar Khan(Fitness Trainer)
One to one Interaction with physiotherapist & Fitness trainer (with prior appointment through e-mail)	10:30 am to 11:30 am	Sumit Tyagi & Kadar Khan
Webinar on Injury Prevention/ Management in Sports & General Population.	Every Month (2 nd & 4 th Wednesday)	Sumit Tyagi
Consultancy through Mail		Sumit Tyagi: physiotherapist.srcc@gmail.com Kadar Khan: fitnesscentre.srcc@gmail.com

*Online /recorded sessions on fitness will be scheduled on google meet.

Link: https://meet.google.com/xvs-rinc-mpw

Dr. Kuljeet Kaur

Head Department of Physical Education