



Your **DOST**



FACE TO FACE COUNSELING

with YourDOST Experts

CAREER COUNSELLOR

Ms Richa Grover

EVERY SECOND AND FOURTH WEDNESDAY

Timings - 12:00 PM - 03:00 PM

Venue: Room no. 52, Tutorial Block



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APPOINTMENT**



Your **DOST**



FACE TO FACE COUNSELING

with YourDOST Experts

FEMALE PSYCHOLOGIST

Ms Swati Gupta

EVERY TUESDAY AND THURSDAY

Timings - 12:00 PM - 03:00 PM

Venue: Room no. 52, Tutorial Block



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Your **DOST**



FACE TO FACE COUNSELING

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MALE PSYCHOLOGIST

Mr Rahul Pathak

EVERY MONDAY AND FRIDAY

Timings - 12:00 PM - 03:00 PM

Venue: Room no. 52, Tutorial Block



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**The expert for Friday's sessions may change, subject to availability.*



Don't let your Mental Health take a backseat!

Utilize YourDOST's services for free.



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Login to seek professional guidance in no time. You must register **using your official email (@srcc.edu)** to ensure you can use the services **for free**.

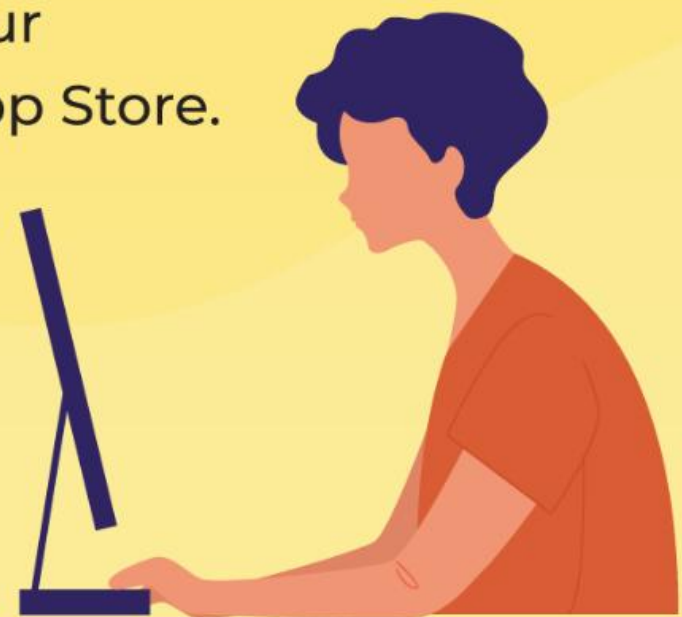


Through our website/app, individuals get 24x7 instant professional guidance from psychologists and coaches, **assessment tools** to help them understand **themselves better**, and **self-help modules and training**.



Click "**Book An Appointment**" to book an chat, audio & video appointment with a YourDOST Expert.

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