



## SHRI RAM COLLEGE OF COMMERCE

University of Delhi, Maurice Nagar, Delhi – 110 007

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April 28, 2021

### Student Notice Counselling Workshop

In view of the exponential upsurge in the **COVID-19** cases and to address its commitment towards the emotional and psychological wellbeing of its various stakeholders amid the ongoing pandemic, the **SRCC Counselling Services** organises a day long workshop. on **April 29, 2021**. The workshop comprises following sessions:

| Session      | Session Title   | Name of Speaker                                    | Timing                              |
|--------------|---|--|-------------------------------------|
| Session 1    | Emotional and Psychological Wellbeing during the Pandemic           | Ms. Archita Sobti<br>(Clinical Psychologist)       | 10:00 am – 10:55 am<br>(55 minutes) |
|              | Question and Answers Session  |  | 10:55 am – 11:15 am<br>(20 minutes) |
| Session 2    | Keeping-Up with Career Opportunities during the Pandemic            | Mr. Aditya Sisodia<br>(Career Counsellor)          | 11:15 am – 11:55 am<br>(40 minutes) |
|              | Question and Answers Session  |  | 11:55 am – 12:15 pm<br>(20 minutes) |
| Session 3    | Principals Address to the gathering and Question and Answer Session | Prof. Simrit Kaur<br>(Principal)                   | 12:15 pm – 12:45 pm<br>(30 minutes) |
|              | Vote of Thanks  | Dr. Rachna Jawa<br>(Convenor Counselling Services) | 12:45 pm – 12:55 pm<br>(10 minutes) |
| <i>Break</i> |   |  |                                     |
| Session 4    | Session by Doctor   | Dr. Rahul Gupta<br>(Gastroenterologist)            | 3:00 pm – 3:45 pm<br>(45 minutes)   |
|              | Question and Answers Session  |  | 3:45 pm – 4:00 pm<br>(15 minutes)   |
|              | Vote of Thanks  | Ms. Smita Sharma<br>(Advisor Counselling Services) | 4 pm – 4: 05 pm<br>(5 minutes)      |

**Joining Link for the session is:**

**Timing:**

**April 29, 2021 10:00 am onwards**

**Please click the link below to join the webinar:**

<https://us02web.zoom.us/j/87878915910>

All the stakeholders are requested to join the workshop.

Warm Regards

**Dr. Rachna Jawa**  
Convenor, Counselling Services

**Ms. Smita Sharma**  
Advisor, Counselling Services

  
**Prof. Simrit Kaur**  
Principal

Email to:

**All students (UG, PGDGB0 and PG)**

**All Teaching and Non-Teaching members**